Helpful Counseling Books

by Jack Canfield & Mark Victor Hansen Topic: Short stories coving topics ranging from divorce to friends to eating disorders

Chrysanthemum by Kevin Henkes Topic: Bullying; self esteem

David Gets in Trouble by David Shannon Topic: Behavioral issues

Dinosaurs Divorce by Laurene Krasny Brown & Marc Brown Topic: Divorce

Divorce is a Grown up Problem by Janet Sinburg Topic: Divorce

by Janet M. Bender Topic: Controlling anger

Fly Away Home by Eve Bunting Topic: Homelessness

Franklin Says Sorry by P. Bourgeois & B. Clark Topic: Friendship

Gertrude McFuzz by Dr. Seuss Topic: Being yourself; self acceptance

Good-Bye Daddy! by B. Weninger Topic: Divorce

Goodbye Mousie by R.H. Harris Topic: Death

by Carol Chapman Topic: Bullying; standing up for yourself

Hey Little Ant by Phillip & Hannan Hoose Topic: Empathy; bullying

How are you Feeling? Foods with Moods by Saxton Freyman & Joast Elffers Topic: Identifying feelings

I Like Myself by Karen Beaumont Topic: Self esteem *I Love You With all my Heart* by Noris Kern Topic: How families show love in different ways

I Want to be Somebody New! By Robert Lopshire Topic: Self esteem, self concept, self worth

by Jamie Lee Curtis

by Todd Parr

Topic: Self esteem

by Robert Munsch Topic: Being embarrassed

It Must Hurt A Lot by Doris Sanford Topic: Death and grief

rd to be Five: Learning How to Work My Control Panel by Jamie Lee Curtis Topic: Self control

Topic: Acceptance

Julius, The Baby of the World by Kevin Henkes Topic: New sibling

Love You Forever by Robert Munsch Topic: Parental Love

by Maude Spelman

Topic: Divorce

Many Colored Days by Dr. Seuss Topic: Different emotions on different days

Mean Soup by Betsy Everitt Topic: Handling emotions

Mommy Laid an Egg by Babette Cole Topic: How babies are made *My Friend, Jasper Jones* by Rosamond Dauer Topic: Friendship

My Secret Bully by Trudy Ludwig Topic: Bullying

by Dr. Seuss

Topic: Motivation

by Jessie

Topic: Sexual Abuse

Polar Bear and the Rainbow by Moira Butterfield Topic: Diversity

Por Favor Di: Un Cuento Para Ninos Sobre el Abuso Sexual by Jessie Topic: Sexual abuse

Sadako and the Thousand Paper Cranes by Eleanor Coerr Topic: Hiroshima; death and grief

Salt in His Shoes by Deloris Jordan Topic: Overcoming obstacles

Say Something by Peggy Moss Topic: Bullying; speaking up

Shades of People by Shelley Rotner and Sheila M. Kelly Topic: Individual differences; self esteem

Shredderman: Secret Identity by Wendelin Van Draanen Topic: Bullying

Some Things are Scary by Florence Parry Heid Topic: Scary situations and how to deal with them

by Susan Middleton Elya

Topic: Self esteem

by Robert Kraus

Topic: School anxiety

Stop Picking on Me by Pat Thomas Topic: Bullying Talking Speech Disorders to School by John Bryant Topic: Why kids go to speech therapy

Teammates by Peter Golenbock Topic: Jackie Robinson; acceptance

The 10th Good Thing about Barney by Judith Voirst Topic: Death

The Ant Bully by John Nickle Topic: Bullying

The Bear Who Lost His Sheep: A Story about Worrying Too Much by J. Lamb-Shapiro Topic: Worrying

The Berenstain Bears: New Baby by Stan & Jan Berenstain Topic: New sibling

The Cay by Theodore Taylor Topic: Racism

The Colors of Us by Karen Katz Topic: Acceptance

by Roberta Temes

Topic: Grief and loss

The Flower Man by Mark Ludy Topic: Moral principles

The Giving Tree by Shel Silverstein Topic: Giving

The Great Fuzz Frenzy by Janet & Susan Stevens Topic: Sharing

The Grouchy Lady Bug by Eric Carle Topic: Social behavior

The Hundred Dresses by Eleanor Estes Topic: Teasing, bullying, lying; importance of making amends

The Hyena Who Lost His Sheep: A Story about Worrying too Much by J. Lamb-Shapiro Topic: Worrying

The Kids Blue Day Book by Bradley Trevor Greive Topic: Emotions of animals

The Kissing Hand by Audrey Penn Topic: Confronting difficult situations

The Lion Who Lost His Roar: A Story about Facing Your Fears by M.S. Nass Topic: Overcoming fears

The Missing Piece by Shel Silverstein Topic: The nature of quest and fulfillment

The Next Place by Warren Hanson Topic: Death and dying

The Oak Inside the Acorn by Max Lucado Topic: Self-esteem; identity

The Penguin Who Lost Her Cool: A Story About Controlling Your Anger by M. Sobel Topic: Anger control

T. Topic: Self control

by M. Aboff

Topic: Child sexual abuse

Unlovable by Dan Yaccarino Topic: Self esteem

Velveteen Rabbit by Margery Williams Topic: Power of love

by Vera Rosenberry Topic: New sibling

We Are All Alike, We Are All Different by Cheltenham Topic: Diversity

Wemberly Worried by Kevin Henkes Topic: Bullying; self esteem

When Dinosaurs Die by Laurie Krasny Brown & Marc Brown Topic: Death

When My Parents Forgot How to be Friends by Jennifer Moore-Mallinos Topic: Divorce; arguing parents

When I Feel Angry by Cornelia Maude Spelman Topic: Anger management

When Sophie gets Angry Really, Really Angry by Molly Bang Topic: Anger management

Where the Wild Things Are by Maurice Sendak Topic: Bad behavior

Zen Shorts by Jon Muth Topic: Making friends; letting bad days go by